

DISCLOSURE OF SERVICES

In recognition that millions of New Jersey residents receive a substantial volume of healthcare services from complementary and alternative health care practitioners, New Jersey State Law allows access by New Jersey residents to complementary and alternative healthcare practitioners who are not providing services that require medical training and credentials. The following disclosure is provided in compliance with New Jersey Administrative Code § 13:42-1.2.

The purpose of a program of hypnosis is for vocational and avocational self-improvement (New Jersey Administrative Code § 13:42-1.2) and as alternative or complementary treatment to healing arts services licensed by the state. A consulting hypnotist is not a licensed physician or psychologist and hypnotherapy services are not licensed by the State of New Jersey. Services are non-diagnostic and do not include the practice of medicine, neither should they be considered as a substitute for licensed medical or psychological services or procedures.

Hypnosis works with the power of the subconscious mind to change habits and behaviors. The subconscious mind is considered to be the source or root of many of our behaviors, emotions, attitudes and motivations. Hypnosis is believed to be a powerful tool for accessing the subconscious mind and creating improvements in our lives.

Services consist of a program of conditioning, including an undetermined number of private sessions, depending on the client's individual needs. The hypnotist will to the best of his ability endeavor to accomplish the objectives of the client's sessions. While hypnosis may be an effective technique for many purposes, the effectiveness may vary from individual to individual, and no specific results or progress can be promised or guaranteed.

During hypnotherapy sessions, clients remain completely aware of everything that is going on. In fact, many people experience a hyper-awareness where sensations are perceived enriched and vivid. The ability to visualize or imagine is enhanced. Deep relaxation is common. Many describe the hypnotic state as a complete and total escape from physical tension and emotional stress, while remaining completely alert.

The use of hypnosis could elicit memories of past events which may or may not be literally true. It is possible that events under hypnosis will be distorted or misconstrued. Memories or images evoked under hypnosis are not necessarily accurate and may be a construction or a composite of memories. Without corroborating information, it is not possible to determine whether a specific memory is true or false, even if it seems true to the client.

While it is the practice of clinical hypnotists to keep information confidential, information revealed in hypnotherapy is not subject to the psychotherapist-patient privilege. A court may order disclosure of information learned in therapy.

I have received a copy of this disclosure and understand the information described above. I have also read on the other side of this document a biography of James M. Giunta's education, training, experience and other qualifications regarding the services to be provided.

Client Name (please print): _____

Client Signature: _____

Date: _____

James M. Giunta, M.C.I.S, M.H.
Trance Formation Hypnosis, LLC
205 Broad Street, Red Bank, NJ 07701
TranceFormationHypnosis.com
(732) 272-7230

Certifications:

- International Medical and Dental Hypnotherapy Association
- International Association of Counselors and Therapists
- International Hypnosis Research Institute
- International Hypnosis Federation
- American Board of Hypnotherapy
- American Hypnosis Association
- American Association of Professional Hypnotherapists
- National Guild of Hypnotists
- National Association of Certified Hypno-Counselors
- International Association of Reiki Practitioners
- Hands-On Trade Association

Education:

Certified by The Institute of Hypnotherapy

- Master Hypnotherapist (M.H.), 2009
- Advanced Clinical Hypnotherapist (A.C.H.), 2009
- Certified Hypnotherapist (C.Ht.), 2008

Certified by Hypnosis Motivation Institute

- Certified Hypnotherapist (C.Ht.), 2009

Certified by the Reiki Institute of America

- Reiki Master/Teacher, 2009

Graduated from Rutgers, the State University of New Jersey

- Master's Degree in Communication and Information Studies (M.C.I.S.), 2000
- Bachelor of Arts Degree in Journalism (B.A.) 1995

I have conducted a private practice since 2008 assisting clients in achieving their personal goals in such areas as habit modification, stress reduction, overcoming fears and performance anxiety, test anxiety, increasing self-confidence and self-esteem, smoking cessation, weight loss, pain management, and many more.

Continuing Education:

I attend three annual international therapy conferences every year, as well as seminars and workshops throughout the Greater New York area.

